



HELPFUL HARVEST



Helpful Harvest is a program of the United Way and is located at Hazel's House of Hope. It serves both Mon and Preston counties. With the help of Preston Workshop, Helpful Harvest supplies food to 39 pantries and programs in the area.

\$50,000

in food distributed each month to area food pantries and programs through the generous support of the Hazel Ruby McQuain Charitable Trust

7,297

Average number of unique individuals served per month through the program: **3,450 in Monongalia and 3,847 in Preston**

\$1,085,013

of in-kind goods and services leveraged through Helpful Harvest, including fresh produce, hygiene items, diapers, cleaning products, and more



HELPFUL HARVEST PANTRIES & PROGRAMS

These are the feeding programs receiving food through Helpful Harvest:

MONONGALIA COUNTY

- Aspire Services Center
- Canyon Pantry
- Catholic Charities
- Christian Help
- Clay-Battelle Pantry
- Community Kitchen
- Covenant UMC
- DHHR Youth and Adoption Services
- Evergreen Assisted Living
- Lauren's Wish Addiction Recovery Center
- Marjorie Gardens
- Meals on Wheels
- Milan Puskar Health Right Recovery Community Organization
- Rock Forge
- St. Ursula's
- Starting Points/The Shack
- Panty Plus More
- The Parish House

- The Salvation Army
- Unity House/Manor
- Vision of Hope
- Wadestown Pantry
- Wellspring Family Services

PRESTON COUNTY

- Donna's House of Hope
- Family Support Center (formerly Starting Points)
- Food for Preston
- Grace House Food Pantry
- Kingwood Apostolic Food Pantry
- Kingwood Christian Fellowship Food Pantry
- Maple Spring Food Pantry
- Newburg Grows Food Pantry
- North Central WV Community Action
- North Preston Food Pantry
- Raymond Wolfe Center
- Salvation Army Food Pantry
- Shepherd's Tent Food Pantry
- South Preston Food Pantry
- Terra Alta Food Pantry
- Valley Food Pantry



Helpful Harvest is not possible without the support of:

- Civil-Military Innovation Institute
- Craig Hartzell / Azimuth
- Hazel Ruby McQuain Charitable Trust
- Huntington Foundation
- Milan Puskar Foundation
- Monongalia County Commission

Helpful Harvest
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MOBILE PANTRIES

A partnership between Mountaineer Food Bank, Food for Preston, and the United Way of Mon and Preston Counties continued in 2023, with thousands of boxes of food being distributed in Preston County. Preston's distribution is the state's largest Mountaineer Food Bank Mobile Food Pantry.

Month	Families served	Individuals served
Feb.	545	1,196
April	494	1,118
June	498	1,085
Aug.	450	988
Oct.	485	1,012
Dec.	503	1,126
TOTAL:	2,975	6,525

